Preparing Children for the Future

"Children should start school healthy, happy, communicative, sociable, curious, active, and ready and equipped for the next phase of life and learning."

How can I help my child get ready?

Your child will have lots of new activities and routines to get used to when they start school. There are some things they'll need to do more independently than they might have before.
Research shows that a child's relationship with their parents is the most important factor in their development, and there's a lot you can do at home.

Some of these skills take time to master, so it's good to introduce them gradually as part of your daily routine.

The QR code takes you to Starting Reception guide created collaboratively by experts and here you will find lots of information and guidance.

IFtL Trust Schools have created this short handout as a starting point. We like to think this is a step in preparing children for the future, not just something that needs considering for starting school.

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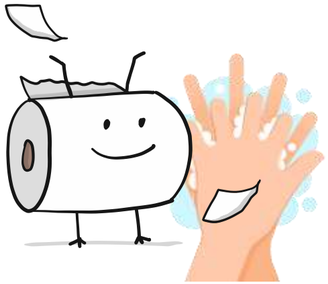
Listening to and following instructions

Practicing sharing and taking turns with toys

Singing along with songs and nursery rhymes

Sharing story books, looking at pictures and talking about the characters

Putting on/taking off coat and shoes



Using the toilet and washing hands

Setting boundaries and being able to say no, please and thank you

Using cutlery

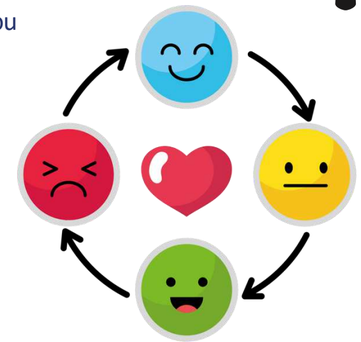
brushing their teeth twidce a day

helping with some simple jobs

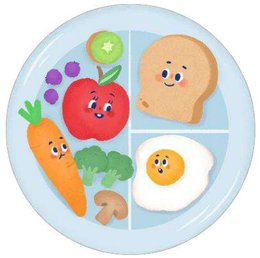
Recognise pattern of their name, recognise it written.

Recognise age as a number

knowing when to ask friends help



Recognsiing own feelings and beginning to recognise the feelings of others



Eating a healthy diet, try new foods

Doing simple puzzles and craft activities - cutting and sticking

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Family Lives

Speech and Language UK

Dingley's Promise

KIDS

Resources for families with additional needs:

There are many organisations who can support you with information and strategies to prepare you, your child and their educational setting, ensuring a smooth transition and setting them up for future success.

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What should I do if I have concerns about my child’s development?

If you're worried about your child's progress, talk to your childminder/nursery/pre-school team, health visitor, local children's centre or Family Hub.

If your child has developmental delays or SEND (suspected or confirmed), speak to their nursery, childminder, or health visitor/nursery/pre-school team well before they start Reception and discuss their needs when you are selecting schools.

You can work with your child’s early years setting to help your child with self-care, managing emotions, social skills and communication in a way that suits their stage of development.

You might want to share details about: their development, needs, what motivates them, what might trigger difficulties, how they learn best, and what strategies work well.

Make sure you share important information with everyone supporting your child, including their new Reception teacher.